

# TERRY FOX

## Inspiration in Action

The journey to the creation of these learning materials was inspired first and foremost by Indigenous people who have lived in the area now known as British Columbia (BC) for more than 10,000 years. They include First Nations, Inuit and Métis. These nations, each with their own distinct traditions and history, have shaped and contributed to the rich sport heritage of our province and have stories to share that will inspire the next generation of athletes and leaders.

Importantly, the Truth and Reconciliation Commission in call to action #87 appeals to:

**“ . . . all levels of government, in collaboration with Aboriginal peoples, sports halls of fame, and other relevant organizations, to provide public education that tells the national story of Aboriginal athletes in history.”**

In honour and respect of this call, and all Indigenous nations, the BC Sports Hall of Fame in collaboration with the Indigenous Sport, Physical Activity and Recreation Council (ISPARC) developed the largest known Indigenous Sport Gallery in the world. Inspired by the stories of the Indigenous Sport Gallery, the BC Sports Hall of Fame set out in 2020 to enhance its educational outreach and programming through establishing a series of lesson plans to celebrate the contributions of Indigenous athletes who have had an impact on culture and sport across BC.

A working group was formed to explore potential learning outcomes, goals, audiences, and story options for the project. When the Fox family recently shared the incredible story of discovering their Métis family heritage, the group determined that Terry Fox could be the initial focal point of the first phase of lesson plan(s) developed. Eventually, the project coalesced into a spirited collaboration among representatives of ISPARC, Métis Nation British Columbia (MNBC), the BC Sports Hall of Fame, the Fox Family, and the Coquitlam School District.

To honour Terry Fox's heritage and legacy, the Terry Fox Inspiration in Action Lesson Plan set was created with Métis cultural values and Indigenous pedagogy. In these lessons, we acknowledge the inclusivity of various and distinct Indigenous cultural epistemologies that complement Métis Core Values. Aimed at learners in Grades 4 to 7, the set of lesson plans are designed to help educators and students of all backgrounds to:

- be inspired by Indigenous sport and Indigenous athletes;
- discover cultural connections and values;
- set ambitious goals; and
- find strength through culture and community to achieve their personal best.

This is the first of what will be many lesson modules inspired by Indigenous athletes and we hope that they are an asset to your classroom. We value educator, learner, and community feedback. If you have any comments or questions about these materials, please drop us a line at [heroinyou@bcsporthall.com](mailto:heroinyou@bcsporthall.com).

With appreciation,



SPECIAL THANKS AND GRATITUDE  
TO THE TERRY FOX FAMILY

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